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Heisei 5 / Age 72

June 17, 1993

People laugh — that I couldn't do action, performance.

But long before Gutai, there was *Jumping Knife* — my book about those wild, rough years — and I endured that.

During Gutai, first of all, it was about living with my family.

After Gutai passed, there came the collapse of the bubble economy.

Even then — alone — NUI (stitch works) continued.

I carried the mark of an underachiever.

Others, warmly invited overseas, built up one honorable career after another.

But now, even without Gutai, I am supported by many people — like the base that holds up a triangle.

*Source: Uemae Diaries, 1947–2020: Chiyu Uemae and Gutai (ed. Hiroyuki Nakatsuka, 2019)*